

The 35th South Carolina Conference of **ADLERIAN PSYCHOLOGY** THE PRACTITIONER'S CONFERENCE

September 22, 23, & 24, 2017

Doubletree Resort by Hilton, Myrtle Beach Oceanfront, S.C.

The South Carolina Conference of Adlerian Psychology is designed to serve psychologists, counselors, therapists, social workers, and other behavioral health workers, as well as educators, and those outside the helping professions, including business leaders and parents. Attendees may earn up to 17 CE hours.

Conference Schedule

Friday, September 22 7 CE Hours 3.5 CE Hours 3.5 CE Hours Friday Evening Saturday, September 23 6 CE Hours with Keynote	8:00 am – 11:00 am 12:30 pm – 2:00 pm 9:00 am – 5:00 pm 9:00 am --12:30 pm 1:30 pm – 5:00 pm 8:00 pm – 10:30 pm 8:00 am – 10:00 am 9:00 am – 10:00 am 9:00 am – 5:00 pm	Registration, Conference Center, Third Floor Registration, Conference Center, Third Floor 4 Full Day Workshops Offered 2 Morning Half Day Workshop Offered 2 Afternoon Half Day Workshop Offered Reception Sponsored by Columbia Psychological Associates Osprey Room, Live Oaks Building Registration, Conference Center, Third Floor KEYNOTE PRESENTATION (Schedule continues below)
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WELCOME AND KEYNOTE ADDRESS FIRST SESSION 9:00 – 10:00 A.M.

**“AN ADLERIAN INTERPRETATION OF ALFRED ADLER AS WRITER AND THEORETICIAN:
FEELINGS OF INFERIORITY, DISTANCE AND COMPENSATION.”**

Michael Maniacci, Psy.D., Psychologist in Private Practice, Chicago and Naperville, IL, Author and Consultant

Saturday, September 23 continued Sunday, September 24 4 CE Hours	10:15 am – 11:20 am 11:30 am – 12:45 pm 12:45 pm – 2:00 pm 2:15 pm – 3:30 pm 3:45 pm – 5:00 pm 5:00 pm – 7:00 pm 9:00 pm – 11:00 pm 8:30 am – 9:30 am 9:00 am – 1:00 pm	Second Session, Four Presentations Third Session, Four Presentations Lunch (On your own) Fourth Session, Four Presentations Fifth Session, Four Presentations Hors d'oeuvres and Cocktails, Conference Ctr., Third Floor Dinner (On your own) Poolside Social and Karaoke Palmetto Building Pool (Rain location Conference Center) Registration, Conference Center, Third Floor Four Workshops Offered
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Check-In And Location

Check In is not guaranteed until 4:00 p.m. DoubleTree Resort by Hilton, Oceanfront is located at 3200 S. Ocean Boulevard, Myrtle Beach, SC 29577, just off of South Ocean Boulevard, in Myrtle Beach, SC, a quarter mile east of S. Ocean Blvd. & US 17 intersection. The Hotel Registration Office is on the left side of the road as you enter into the Doubletree Resort by Hilton complex, beside the Conference Center.

Continuing Education Credit

The S. C. Society of Adlerian Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5167. Programs that do not qualify for NBCC credit are clearly identified. The S. C. Society of Adlerian Psychology is solely responsible for all aspects of the programs.

The conference has been approved as a source of CE's by the South Carolina Board of Social Work Examiners, the SC Board of Examiners for Licensed Professional Counselors, Associate Counselors, and Marital and Family Therapists. In addition, South Carolina licensed psychologists may use attendance at conference presentations for CE's. Application must be made independently for credentialing hours for Addiction Counselors.



CONFERENCE REGISTRATION

Name _____
 Last First Middle e-mail
 Institution/Organization _____
 Address _____ () _____
 Number/Street City/State/Zip Phone Number

***Pre-Registration – Before September 8, 2017**

Day/Date	Non-Student	F/T Student	
Friday, September 22 Full day or 2 Half day	_____ \$100.00	_____ \$85.00	
Friday, September 22 One Half Day	_____ \$70.00	_____ \$60.00	
Friday/Saturday	_____ \$185.00	_____ \$150.00	
Saturday/Sunday	_____ \$160.00	_____ \$120.00	
Saturday, September 23	_____ \$100.00	_____ \$85.00	
Sunday, September 24	_____ \$70.00	_____ \$60.00	
Full Three Day Attendance	_____ \$225.00	_____ \$180.00	Amount Paid _____

***AFTER SEPTEMBER 8, 2017, ADD \$15.00 LATE FEE TO REGISTRATION FEE TOTAL**

If registering for Friday or Sunday Workshops, please check the workshop(s) you plan to attend:

Friday Full Day _____1 _____2 _____3 _____4
 Friday AM Half Day _____5 _____6 Friday PM Half Day _____7 _____8

Sunday _____A _____B _____C _____D

Pre-selection is not necessary for Saturday presentations.
 Saturday registration includes hors d'oeuvres at the 5:00 p.m. reception.
 All other meals are available on a cash basis at the Ocean Blue Restaurant and Lounge.

MAKE CONFERENCE REGISTRATION CHECKS PAYABLE TO:

S.C. Society of Adlerian Psychology and mail to Dr. Walton
 (Conference Registration and Refund available through September 15, 2017)
 (For on-site registration, late registration rates will apply.)

MAIL TO: Dr. Frank Walton, SCSAP
 1313 St. Andrews Road
 Columbia, SC 29210
 (FAX (803) 750-5437
 Mobile: (803) 727-8403

TO REGISTER AND PAY CONFERENCE FEES (NOT HOTEL FEES) ON LINE BY CREDIT CARD, ACCESS www.adleriansc.org

TO MAKE HOTEL RESERVATIONS: DEADLINE - August 20, 2017 All requests for early arrivals and additional nights will be confirmed in writing. This form should be returned to the Doubletree Resort by Hilton Sales Office with one night's deposit either by mail or fax, or register by phone. Hotel rooms may be available after August 20, 2017, but there is no guarantee of availability after that date.

Fall Conference of South Carolina Adlerian Psychology - Mail to DOUBLETREE RESORT BY HILTON

NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP CODE _____
 HOME PHONE () _____ BUSINESS PHONE () _____
 ARRIVAL DATE _____ DEPARTURE DATE _____
Check in time 4:00 pm Check out time 11:00 am

_____ My check for \$119.00 (excludes taxes and fees) is enclosed to reserve a room with two queen beds, private ocean view balcony (Palmetto Building) Refrigerator and microwave in all rooms.

_____ My crcheck for \$169.00 (excludes taxes and fees) for larger room 2 queen beds, a pull out sofa & kitchenette (sleeps 6).

SPECIAL REQUEST (subject to availability) Accessible _____ Connecting _____ Non Smoking _____ Crib _____

CANCELLATION AND EARLY DEPARTURE POLICIES

Guests canceling reservations at least 15 days prior to the conference, 9/7/17, will be refunded their entire deposit less a \$15 processing fee for each cancelled reservation. Cancellations made after 9/7/17 will result in complete forfeiture of deposit, regardless of reason. Changes in length of stay made after 9/8/16 or upon arrival will result in complete forfeiture of deposit. There are no refunds for early departure.

PAYMENT OPTIONS VISA MasterCard Diners Club Doubletree does not accept checks at check in.

Credit Card Number Exp. Date

I hereby authorize Doubletree Resort by Hilton to charge the above credit card in the amount of \$_____. Furthermore, I fully understand and accept the terms of the Cancellation and Early Departure Policies as stated above and agree that unpaid incidental charges remaining at check-out shall be charged to this card.

Signature of Authorized Cardholder _____

TO RESERVE A ROOM – Send this form or click on the online link below.

DOUBLETREE RESORT BY HILTON RESERVATIONS
 3200 SOUTH OCEAN BLVD.
 MYRTLE BEACH, SC 29577

TO RESERVE A ROOM BY PHONE CALL: 1-800-770-6895 FAX: 1-843-315-7237. Use Res. Id Code: ADL

FOR ON LINE RESERVATIONS USE LINK: <http://group.doubletree.com/SCConferenceofAdlerianPsychology01> Code ADL Group Name SC
 Conference of Adlerian Psychology

Friday Full Day Workshop 9:00 am – 5:00 pm

UNDERSTANDING AND TREATING PERSONALITY DISORDERS

Michael Maniacci, Psy.D., Private Practice Chicago and Naperville, IL

This workshop will examine the DSM-5 personality disorders from an Adlerian perspective. It will explore the history of diagnosis of them, along with Adler's original contributions to conceptualizing and treating them. In addition, the workshop will explore how the upcoming changes in the DSM-6 are actually a significant movement towards Adler's formulations.

2. PRESENT, FUTURE, PAST: AN ADLERIAN APPROACH TO HELPING SELF AND OTHERS

Wes Wingett, Ph.D. LMHP, Norfolk, NE

This didactic and experiential workshop will focus on helping individuals, couples, and families seeking solutions to intrapersonal and interpersonal problems. Emphasis will be on defining a current challenge, creating possible solutions, and clarifying past perceptions that might be interfering with resolution of the current challenge. Participants will identify strategies to empower and encourage others in the change process.

3. ADDING MORE CREATIVE AND ENCOURAGING "TOOLS" TO YOUR COUNSELING AND SUPERVISION "TOOLBOX"

Bonny Buckley, MA, Expressive Therapies and Mental Health Counseling, LPCS, NCC, Youth Focus Inc., Greensboro, NC

In this workshop we will explore various ways to incorporate encouragement and creativity within counseling and supervision. Participants will have the chance to actively participate (by choice and comfort level!) using creative modalities and Adlerian principles.

4. HELPING PARENTS UNDERSTAND AND ENCOURAGE THEIR CHILDREN EFFECTIVELY

Calvin Armerding, MA, LPC, Child and Adolescent Outpatient Chief, Piedmont Center for Mental Health Services, Greer, SC

Parent education is an important component of counseling children/families. Some therapists often lack confidence or knowledge to offer parent education while others are overly didactic and unintentionally demonstrate a lack of respect for family/cultural values. This workshop will teach and demonstrate an Adlerian model for parent education with information, case studies, role play and discussion.

Friday AM Half Day Workshop 9:00 am – 12:30 pm

5. USING EARLY RECOLLECTIONS WITH DIFFICULT CLIENTS

Mel Markowski, Ph.D., Professor Emeritus East Carolina University, Greenville, NC

Clients who want resolution of their issues often are hesitant to cooperate in the therapeutic process. Any suspected intrusiveness by the therapist may increase stonewalling and defensiveness. A useful Adlerian strategy to bypass such issues is to solicit early memories. This workshop will explore and demonstrate a number of methods to obtain and use recollections to foster client improvement.

6. INTEGRATING EMDR AND ADLERIAN APPROACHES FOR TRAUMA

Carolyn M. Ball, MA, LPC, Counselor, Myrtle Beach, SC

EMDR has become a preferred treatment for PTSD and other trauma, while Adlerian Therapy offers the respect, encouragement, and perspectives of integration, holism and education needed by those whose essential sense of self has been shattered. Through power point and a live demonstration, understand how EMDR works, learn a basic EMDR technique, and see how it fits well with Adlerian approaches.

Friday PM Half Day Workshop 1:30 – 5:00 pm

7. ADAPTIVE REORIENTATION THERAPY

Erin Schuyler, Psy.D., Clinical Psychologist, WJB Dorn Veterans Affairs Medical Center, Columbia, SC

In this workshop, an Adlerian treatment approach will be presented. Included will be the objectives in counseling and the importance of reorientation. Topics will include lifestyle assessment and reorientation. Attendees will be taken through the phases of treatment and provided strategies for prompting psychological change. Participants will learn a reorientation treatment approach and lifestyle assessment. Handouts/resources will be provided.

8. ADLER MEETS QIGONG! – LIMITLESS ENCOURAGEMENT AND LIFELONG VITALITY PRACTICES

Pepper Samoff, LPC, LMFT – Private Practice, Integral Qigong Practice leader – Level 1 IIQTC, Charleston, SC

Explore how Adlerian perspectives on holism, creative power, and encouragement resonate with the ancient mind-body healing practices of Qigong (Qi is life force energy and Qigong is the practice of cultivating that energy). Participants will learn basic gentle movements, postures, and meditations to promote vitality, well-being, and integrative health. Wear comfortable clothing.

Saturday 75 Minute Presentations

AN INTRODUCTION TO ADLERIAN PSYCHOLOGY

John Arnold, Ph.D., Senior Executive Consultant, First Sun EAP, Columbia, SC

For those new to Adlerian Psychology, this presentation will provide an overview of the life, work and psychological theory of Alfred Adler. Adler was a contemporary of Sigmund Freud, but his psychology would take a different direction than Freud's psychology. Goal-oriented behavior, social belonging, private logic, social interest and courage are just some of the important elements of Adler's theory.

ADLERIAN COUPLES COUNSELING: SAILING THE SEVEN C'S

Gary Bauman, Ph.D., Graduate Coordinator, Associate Professor, Psychology Dept., Brenau University, Gainesville, Georgia

Adler acknowledged that intimate relationships were one of the most significant tasks of life. To succeed at such a task requires a great deal of social interest and cooperation. Unfortunately, couples often feel hopeless and defeated when relationships seem to capsize and they seek out help from clinicians who can guide them through treacherous waters and help them keep the relationship afloat.

LIFE STYLE AND THE OPIOID EPIDEMIC

Jim Holder, MA, LPC-S, MAC, Florence, SC

This presentation will offer an Adlerian look at the Opioid epidemic and how it relates to a person's life style, family of origin, substance use, and urges.

MISTAKEN GAMES PARENTS AND TEACHERS PLAY WITH CHILDREN

Mel Markowski, Ph.D., Professor Emeritus, East Carolina University, Greenville, NC

Many discipline practices used by parents and teachers are at best ineffective. Furthermore, adults who want to build more effective adult-child relations do not know what they are doing wrong. Games presented in this session are examples of some of the mistakes adults make with children, the reasons they are made, and why they lead to ineffective adult-child relationships.

BROAD STROKE LIFESTYLE ASSESSMENT: FEARS AND DESIRES

Erin Schuyler, Psy.D., Clinical Psychologist, WJB Dorn Veterans Affairs Medical Center, Columbia, SC

In this brief presentation, the broad-brush approach to lifestyle assessment will be offered. This approach allows for a quick lifestyle assessment using family constellation, early recollections and dreams. Participants will be given the opportunity to use the technique to assess personal lifestyle themes. This presentation will include demonstration.

UTILIZING A CONTEXTUAL HISTORICAL RELATIONAL LIFESTYLE ASSESSMENT (CHRLA): A COUNSELING DEMONSTRATION

Thomas Garcia, LMHC, CAP, MAC, ACS, Tampa, FL

This presentation will demonstrate the use of the Contextual Historical Relational Lifestyle Assessment (CHRLA), a specific technique rooted in Adlerian psychology that can assist clinicians and other healthcare providers during the initial client interview. The counseling demonstration will explore the client's historical relevance of early relationships. Narratives and personal "fictions" pertaining to the client's private logic will be explored.

USELESS TO USEFUL

Calvin D. Armerding, MA, LPC; Child & Adolescent Outpatient Chief, Piedmont Center for Mental Health Services, Greer, SC

Alfred Adler wrote that "the really important differences of conduct . . . are those . . . of useless and useful." It can be a challenge to help clients identify how their assets can be useful to their community instead of being expressed on the "useless side of life." This presentation will suggest a method for encouragement to help discouraged clients develop greater social interest.

ADDICTIONS: MOVING FROM FEAR TO CAUTION TO SOCIAL INTEREST

Wes Wingett, Ph.D., LMHP, Norfolk, NE

This didactic and experiential presentation will focus on clarification of the purposes of addictions, identification of the specific future fears that may have precipitated the addiction, preparation to move forward with caution, and the development of social interest. Emphasis will be on specific intervention and encouragement strategies in moving from addiction to a sense of connections, contribution, and cooperation.

ADLER AT PLAY: LIFE, LEISURE AND SOCIAL INTEREST

Frank Quinn, Ph.D., Private Practice, Columbia Psychological Associations, Columbia, SC, David H. Sloan, MA, Columbia, SC

Adler, like Freud, felt that one of life's great tasks was to find meaningful work. This presentation will focus on finding meaningful recreation, play and leisure from an Adlerian perspective. Participants will explore how to integrate Adlerian concepts into their non-work life and reconcile them with their lifestyle.

Saturday 75 Minute Presentations continued

LIFE BEFORE AND AFTER LEARNING ISSUES; SUPPORTING OUR CHILDREN THROUGH THE CHANGE

Sonia Nicolucci, MA, Parent Educator, Toronto, Ontario, Canada

Under the umbrellas of neurobiology and neuroplasticity, our knowledge around the adaptive nature of the human brain has expanded enormously over the past decade. Mental capacities are no longer considered fixed in nature, but transformable. Through the lens of Adlerian Psychology, this presentation will explore various means to help children currently having learning issues and subsequent to learning issues.

YOUR MOTHER DOESN'T WANT YOU TO BE HAPPY

Robert Rebecca, LCDC, ,NCC, Chicago, IL

This presentation will explore the relationship between safety and happiness from an Adlerian perspective. The presenter proposes clients have often chosen safety over happiness, as they were taught by parents, friends, and teachers. In therapy, we facilitate movement away from the useless and toward the useful side of life. However, we and clients are often content with movement away from safety, but neglect movement towards happiness.

PTSD, MORAL INJURY, SOLDIERS, AND INTEGRATING ADLERIAN PRINCIPLES INTO TREATMENT

MAJ Michell L. Griffith, Psy.D., Drill SGT Academy and Leader Training Brigade Consulting Psychologist, Columbia, SC

This brief presentation will explore treatment considerations and basic stumbling blocks when working with the military. We will address traditional evidence based therapies for PTSD (PE and CPT) and the value of incorporating an Adlerian framework with Service members, and we will explore the concept of Moral Injury and how we can utilize Adlerian techniques to help our clients.

ADAPTIVE REORIENTATION APPROACH – MOVEMENT THROUGH TRAUMA

Erin Schuyler, Psy.D., Clinical Psychologist, WJB Dorn Veterans Affairs Medical Center, Columbia, SC

In the Adaptive Reorientation approach, individuals who experience a traumatic event in their life have the ability to assess and reorient their movement to a healthier perspective. This presentation will focus on trauma and PTSD, including the use of trauma-focused therapies. PTSD does not have to be a lifelong diagnosis. One's desired state and what recovery from trauma looks like will be addressed.

COACHING IN FAMILY LIFE AND BUSINESS: CONNECTING ADLERIAN CONCEPTS TO THE GROWING FIELD OF COACHING

Kimberly Allen, Ph.D. BCC, CFLE, Associate Professor and Extension Specialist, Dept. of Agricultural and Human Sciences, NC State University, Raleigh, NC, and Christopher Allen, Master's student, Adler University, Raleigh, NC

The field of coaching has experienced tremendous growth over the past decade and the business of coaching has become an industry worth over \$2 billion annually. Coaching has also been identified as an emerging profession for family practitioners as the interest and need for family life coaching is on the increase. At the heart of both business and family life coaching is Adlerian theory. In this workshop, we will review the fields of business and family life coaching and highlight latest trends, evidence-based coaching techniques, and will offer a coaching demonstration.

THE HORNS OF A DILEMMA: ETHICS IN CLINICAL PRACTICE

John Arnold, Ph.D., LPC, CEAP, Senior Executive Consultant, First Sun EAP, Columbia, SC

Is there always a clear "right way" to behave in clinical practice? This brief presentation will use hypothetical scenarios and group interaction to explore ethical decision-making in counseling. Come prepared to take away an alertness as to when well-intended social interest slides into questionable clinical practice. "What would I do if. . . ?"

PARENT CONSULTATION – A DEMONSTRATION

Francis X. Walton, Ph.D., Consulting Psychologist, Chapin, SC

The presenter will note theoretical principles he is using while focusing upon a live demonstration with a parent volunteer from among participants. The session will provide guidance for how a therapist or parent educator may proceed when only one member of a family is available. Use of the most memorable observation will be demonstrated.

A. SOBRIETY ENHANCEMENT STRATEGIES TO SOAR LIKE AN EAGLE

Jim Holder, MA, LPC-S MAC, Florence, SC

This workshop will detail the process of substance use disorders. Participants will learn how substance use disorders reinforce clients' beliefs and life themes. Life themes are found within the metaphorical make-up of early recollections and point to the positive reasons for substance use.

B. THE HEART IN THE STONE: SOCIAL INTEREST, SPIRITUALITY AND ACCELERATED HEALING FOR OURSELVES AND OUR PLANET

David P. Sarnoff, PhD, Licensed Psychologist, ABPP, Capella University, Charleston, SC, Pepper Sarnoff, LPC, LMFT, Private Practice, Integral Qigong Practice Leader – Level 1 IIQTC, Charleston, SC, Alyssa Millard, Registered Art Therapist – Board Certified, Charleston, SC

This experiential workshop will enhance personal, spiritual and professional growth through the use of drawing, singing, dancing, guided imagery meditations, writing, and storytelling. As Adler advised, we will aim to increase our social Interest as a means of healing. This will give us the energy, courage, and inspiration needed to help make this world safe for humans.

C. SOCIAL INFLUENCE GOOD AND MALIGNANT

Dorothy McCoy, Ph.D., LPC, Hillsborough, NC

The workshop will focus on Adler's belief in having a heightened sense of belonging and a higher level of social interest. Naturally, this can enhance one's enjoyment of life and overall wellness. However, not all social influences are positive. We will be focusing on maintaining one's core values no matter the social influences. Both positive and malignant influences will be explored. Example used: Sir Winston Churchill and Nazi Germany. Also, the personality disorders will be mentioned briefly.

D. COUNSELING INDIVIDUAL ADULTS

Francis X. Walton, Ph.D., Consulting Psychologist, Chapin, SC

The presenter will relate principles of Adlerian psychology to counseling with adults. Subsequently he will demonstrate the use of six questions that have proven valuable to helping formulate important aspects of the client's belief system. The presenter then will relate aspects of the volunteer client's belief system to his or her presenting problem. Participants will have the opportunity to use this approach under supervision.