



TABLE OF CONTENTS

- **PRESIDENT'S MESSAGE**
- **EXECUTIVE DIRECTOR'S REPORT**
- **2016 NOMINEES**
- **MARINA BLUVSHTEIN, PHD – CANDIDATE FOR VICE PRESIDENT**
- **JON SPERRY – CANDIDATE FOR VICE PRESIDENT**
- **MANDY LA GUARDIA – CANDIDATE FOR TREASURER**
- **SUSAN PYE BROKAW LMFT & FORMER LICSW – CANDIDATE FOR TREASURER**
- **SARAH HAGAN – CANDIDATE FOR SECRETARY**
- **STERLING TRAVIS - CANDIDATE FOR SECRETARY**
- **CONFERENCE CORNER**
- **INVITATION TO AUTHORS TO SELL BOOKS AT NASAP'S 2016 CONFERENCE**
- **CONFERENCE COMMITTEE**
- **AGS RESEARCH CENTER IS NOW**

PRESIDENT'S MESSAGE



Dear NASAP Family,

The spring time is upon us! Buds are on the trees and flowers may be blooming (for some of us anyway). Spring also hosts the annual NASAP conference. Have you penciled it in yet? It is right around the corner!

Location: Minneapolis, Minnesota, DoubleTree by Hilton Bloomington-South
 Dates: May 12-15, 2016

We have an exciting program including many conference

sessions and pre- and post-conference workshops! We are pleased to have Wes Wingett as our annual Ansbacher Keynote Speaker; he will speak about Adlerian perspectives on connecting with families, schools and communities. Additionally, we welcome Paul David Wellstone Jr., our Plenary Speaker, presenting Mental Health in Policy and Practice.

This year's conference theme is related to the Connection and a Sense of Belonging. (And don't we all like that?!) The conference will be a wonderful opportunity to not only feel connected, but also a chance for you to help someone else experience the same. Who will you bring to the conference? A co-worker, a student, and/or a friend? You have the opportunity to give someone the gift of Feeling Connected with Others. If you have attended a NASAP conference in the past, it is likely that you went away feeling revitalized from the relationships you rekindled or began. Be a part of someone's opportunity to do the same.

OPEN TO THE PUBLIC

- **WELLNESS FOR LIFE: A.K.A. THE BATHROOM**
- **COMMUNITY MEMBER IN NEED OF KITS**
- **AFFILIATE LINKS**

Friends, make it your goal to register for the conference this week at: <http://www.alfredadler.org/annual-conference>. And by all means, share it with others!

Warmly,

Jill Duba Sauerheber, Ph.D., LPCC, NASAP President
Phone: 270/996.7396 Email: jillduba.sauerheber@wku.edu
Be Socially Interested, Touch a Life this Week.

NASAP Newsletter

January/February, 2016

Jamie Stone O'Brien,
Editor

Next submission due date is April 1st. 2016.

Please send submissions, questions, and/or comments to NASAPnews@gmail.com

EXECUTIVE DIRECTOR'S REPORT



The Board of Directors met for two full days in January. A lot of business was discussed, including NASAP being represented at the American Counseling Association meeting in Montreal in March. NASAP and some other Adlerian groups will share a table and pass out information about NASAP and about our upcoming conference in May. We are developing some handout materials for that meeting and for NASAP members to pass out at workshops and presentations

that they give. More on this in a future newsletter.

The board also approved three Clonick Grant Applications, including one for the continuation of the Adler Graduate School's translation project. By our conference in May, you will see some Adlerian materials translated from Russian and German that you haven't seen before. Look for it. In addition, the board approved a grant to Hamid Alizadeh for publishing and distributing in the Persian language, Discipline Without Tears (Dreikurs, Cassel and Dreikurs Ferguson) and Happy Children (Dreikurs & Soltz).

Thinking about our conference, I'd like to point out that we have more pre- and post-conference workshops this year than ever before. I hope that you give serious consideration to coming early and/or staying late to take advantage of these more in-depth workshops. Registration materials are now on the web so you can review the workshops there and also register for the conference.

Elections are here again for Vice President, Secretary and Treasurer. If you are a General Member of NASAP (Professional, Student, Retired or Family Member) you can vote for Vice President, Secretary and Treasurer on our website by simply logging in to the website and clicking on the right hand side of the Member Landing Page that says VOTE HERE. Get your vote in by March 15 in order to be counted.

You can also connect to the voting site by clicking on this hyperlink: [VOTE NOW](#).

Check our website for upcoming continuing education possibilities and meetings. There are a lot of opportunities for Adlerian training – perhaps some are near you.

John F. Newbauer, Ed.D., DNASAP

2016 NOMINEES

MARINA BLUVSHTEIN, PHD – CANDIDATE FOR VICE PRESIDENT



Phenomenology.
Transcendentalism. Teleology.
These were the three words
on a second page of the
syllabus for course 511
(Introduction to Adlerian
Psychology) with Bob
Bartholow at the Alfred Adler
Institute of MN (now Adler

Graduate School). That was September 1995, and the class folder is right in front of me as I am writing this statement. Back in 1995, eight months after arriving in the US, next to me was also a huge blue English-Russian dictionary - and the words were not there! I had to figure out these three words and many other things on my own, in a dictionary-less fashion, in a country where I knew only five people and in a language in which I knew only several dozen words. Behind was my previous life majoring in Journalism at Moscow State University, then working as a language arts teacher, an assistant principal, and somewhere in between squeezing in short career stings of a construction engineer, a librarian, and a chemical lab technician. Ahead was Adler's Individual Psychology. I don't know exactly how much of my English vocabulary came from my Adlerian studies – must be a lot. I joined NASAP in 1996, and keep falling in love with all things Adlerian.

At the Adler Graduate School (AGS), I am the Program Director of Adlerian Studies and Online Education. I also chair the AGS IRB, and I am the curator of our Research Center. I teach and actively supervise early career practitioners. I am licensed as an MFT and as a Psychologist in MN. I study cross-lingualism in psychosis and in dementing illnesses. I am a part of an AGS team that designed and opened for the public our newest research center (Harold H. Mosak Mastery Lab and Café Central). At the same time, somewhat of a late bloomer, I love a 21st century wired universe. In 2010, with a group of brilliant colleagues, I co-led launching an online track in our Master's

degree. Within five years, we designed 18 unique online and hybrid courses, and each course design had Adler in its heart. This passion resulted in my role as one of the guest editors of the special “cybersocial” issue of the Journal of Individual Psychology (2015, 71(2)). I presented at two IAIP Congresses, and at several NASAP conferences starting with a student forum in 1998. I love co-presenting, especially with my students; and I bring Adler anywhere I go to present – from Duluth, MN, to Montego Bay, Jamaica, to Fukuoka, Japan. I find it is hard to overdose on Adler, perhaps because there is always something new to understand and to start living in Adlerian philosophy. And I find that feeling the most hopeful of all. I admire the wisdom and creativity of many of my colleagues and my students and – so much for a firstborn - I am ready to become an instant friend with anyone whose eyes are lit up when hearing a word Adlerian! Why run for the position of VP of the NASAP? I am ready to bring my passion, my organizational skills, my respect for our society and its people to help the new NASAP President, the organization that he will serve, and the Adlerian philosophy of life that we all cherish.

JON SPERRY – CANDIDATE FOR VICE PRESIDENT



A NASAP member since 2006, Jon Sperry served as the co-chair of the Theory, Research, and Training Section of NASAP for three years and has been a contributing editor to the Journal of Individual Psychology since 2013. In addition, he holds the “Diplomate in Adlerian Psychotherapy” and the “Certificate of Study in Adlerian Psychology.” His commitment to Individual Psychology is evident in several ways: his very active dissemination of Adlerian ideas at state, national, and

international conferences; his publication of several books and book chapters on Adlerian theory, case conceptualization, and psychotherapy; his review of the chapter on Adlerian Psychology in Gerald Corey’s classic text, Theory and Practice of Counseling and Psychotherapy, in the just released 10th edition; and his invited presentations at the International Committee of Adlerian Summer

Schools and Institutes (ICASSI) for the past three years. Currently, he is both a staff therapist at the Counseling and Psychological Services at Florida Atlantic University and Assistant Professor of Psychology at Lynn University.

Why I am running for Vice President:

My passion to contribute to the field of Adlerian Psychology has influenced my involvement and commitment to this organization. As a result, after 10 years of very active participation in NASAP, I am running for the position of Vice President. As a younger member in the organization, I will bring enthusiasm, energy, and a fresh perspective to the board and other NASAP Committees. As your Vice President, I will actively and wholeheartedly encourage more engagement among NASAP members, increase its membership, endeavor to make NASAP's already excellent annual conference even better, and collaborate with others to validate Adlerian Psychology as an evidenced-based approach.

MANDY LA GUARDIA – CANDIDATE FOR TREASURER



I have been involved in NASAP for over 10 years. I started my Adlerian journey with a two-week trip to an ICASSI institute in Malta through the direction and encouragement of a mentor in my master's program. Since then, I have presented at several NASAP conferences on topics including Non-Suicidal Self-Injury and Women's Issues and was honored to be involved in the NASAP

emerging leaders program. I have had the opportunity to publish a few articles in the Journal of Individual Psychology with my colleagues in the profession and look forward to continuing an exciting career as an Adlerian-oriented researcher and educator. I have been an assistant professor at Sam Houston State University since 2010, following my graduation from Old Dominion University in 2009. I received my masters degree in marriage and family counseling/community mental health from East Tennessee State in 2005 and have been a Licensed Professional Counselor since 2008. While I currently focus on education, supervision, and research in counseling, I also maintain a small private practice working primarily

with adolescents, young adults, and their families.

I am excited to have this opportunity to serve NASAP as the organization's next treasurer. I have served in a variety of leadership positions in several organizations within the counseling profession and look forward to assisting NASAP leadership in sustaining and growing our current level of influence within the helping fields. I am very familiar with governing council process and have a clear understanding of the importance of collaborative and supportive work. I believe the perspective that I will bring to my role as treasurer will be useful to the board in that I truly believe NASAP presents a way of thinking and being that is of benefit to the larger community and I am dedicated to finding more ways for our collective voice to be heard. I thank you for your consideration of my candidacy for treasurer.

SUSAN PYE BROKAW LMFT & FORMER LICSW – CANDIDATE FOR TREASURER

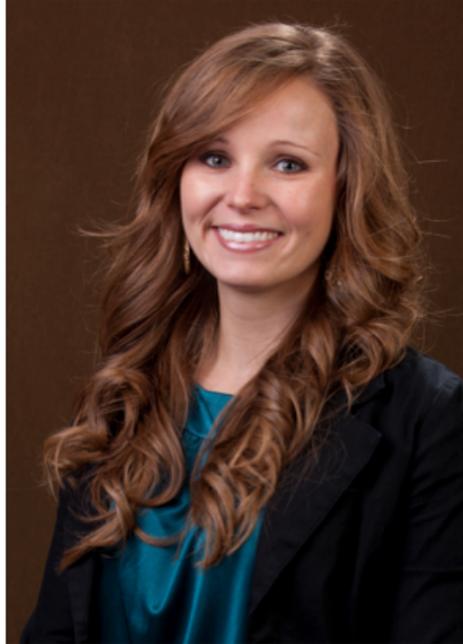


I am a founder and core faculty member at the Adler Graduate School. I have a private practice in Minnetonka, MN. I have been a member of NASAP for over thirty years and have twice served on the COR and currently am the treasurer of the board.

I would like to be re-elected for an additional two-year term because, since I took office, we have been making major changes that are close to completion. We have upgraded our financial reporting so that the board has a very clear understanding of our budget, how we are managing our funds and how our profit and loss statement compares to previous years. We need to complete this transition.

We have reviewed all of our funds to identify ways that we can make better use of them. We are also looking at developing new revenue streams since our solvency is fully dependent on only two: conferences and membership. I would like to have the time to complete these important projects.

SARAH HAGAN – CANDIDATE FOR SECRETARY



Sarah Hagan is a graduate of Western Kentucky University's Marriage, Couple, and Family Counseling program. Sarah is employed at Family Works Therapy in Bowling Green, KY where she enjoys providing holistic counseling to the Warren and Simpson County regions. Sarah is currently working to be a Licensed Professional Clinical Counselor and a Registered Play Therapist.

Sarah is the Affiliate Representative for the Kentucky Tennessee Society

of Adlerian Psychology (KTSAP) and has accepted the nomination to run for NASAP's Secretary. Sarah is enthusiastic to become more involved in the NASAP family by serving in this position. Being a member of the Board of Directors will allow Sarah the opportunity to share in the development of this respected organization.

STERLING TRAVIS - CANDIDATE FOR SECRETARY



Sterling P. Travis is a current Ph.D. Candidate in the Counselor Education program at The College of William and Mary, in Williamsburg, Virginia. Sterling has finished all coursework and is working on his dissertation. Prior to pursuing his doctoral degree, Sterling completed his Bachelors of Science in Psychology from James Madison University and his Masters in Community

Counseling from The University of Mississippi. While at the University of Mississippi, Sterling was introduced to Adlerian Psychology through his advisor Kevin Stoltz, who mentored Sterling in further developing himself as an Adlerian Clinician and urged Sterling to become involved in NASAP. In 2012, Sterling attended his first NASAP conference in

Atlanta, and has attended each NASAP conference since.

Sterling has presented on several topics (Adlerian Eating Disorder Treatment and Conceptualization; Adlerian Assessment Development; and Adlerian Case Conceptualization with College Students) while attending NASAP's annual conferences. Sterling is currently in his second year as an Emerging Leader for NASAP, which has afforded him the opportunity to become involved in the Governance of NASAP in several capacities. During Sterling's tenure as an Emerging Leader, he has experienced and participated in many meaningful dialogues regarding the current state and future of NASAP, which has continued to contribute to his passion for this organization.

In 2014, Sterling was given the opportunity to utilize his passion when asked to serve on the Long Range Planning Committee. While serving on the Long Range Planning Committee, Sterling has worked with other committee members to develop a vision for NASAP 15-20 years into the future. In addition to the Long Range Planning Committee, Sterling has also served as the ACT section co-chair, where he has collaborated with his fellow co-chair to develop more outlets for section members to engage with one another.

Sterling continues to eagerly pursue opportunities to become involved in NASAP, which is why he is honored by the nomination and excited for the potential opportunity to serve as Secretary. Sterling has loved his experiences with the Long Range Planning Committee, the ACT section, and as an Emerging Leader and would love the opportunity to continue to serve the membership of NASAP. Sterling asks for your vote for the position of Secretary, so that he can continue to utilize his passion for Adlerian Psychology to work for the membership of NASAP as the organizations moves forward.

CONFERENCE CORNER



In the last issue of the newsletter, I kicked off discussion about the live auction that will culminate activities at the Saturday night banquet by announcing our first item donated. I will remind you that it is one week tuition to ICASSI (the International Committee of Adlerian Summer Schools and Institutes), which will be held July 24-August 6, 2016 in Trenčianske Teplice, Slovakia. (For more

information go to icassi.net).

The second item I would like to feature is registration to IAIP's (International Association of Individual Psychology) Congress that will be held at St. Thomas University in Minneapolis July 10 – 14, 2017. The value is \$330.

It is great that we have two opportunities for professional development donated to us. We are also looking for other donations, such as those involving travel (such as B&B opportunities, etc.). I ask that anyone wishing to donate to the auction please email me at rmlafo@comast.net so I can feature the gift in an upcoming newsletter. This will allow participants to plan in advance for these wonderful opportunities.

Thank you for your generosity!

Becky LaFountain, Conference Coordinator

INVITATION TO AUTHORS TO SELL BOOKS AT NASAP'S 2016 CONFERENCE

You are invited to sell your self published Adlerian books and materials at the NASAP table in the conference bookstore. (Note: we are not engaging a retail bookstore this year, so it is your responsibility to make your book available if you would like to see it sold at NASAP). This is a great opportunity for you to make your Adlerian publications available to others and, in turn, for conference participants to have many resources at their fingertips. No merchandise may be sold in the presentation rooms. To take advantage of this opportunity, you must adhere to the following procedures:

1. Either hand-carry or send your merchandise (addressed to yourself) to the conference site. (See sending instructions below.)
2. If you hand-carry your merchandise, take it to the bookstore location and check in your materials.
3. If you send your materials in advance, please note that you will be responsible for the receiving and holding fee that the hotel charges. You will want to call the hotel at to get specifics. Upon your arrival, pick up your materials and take them to the bookstore (in conjunction with the bookstore hours). The hotel phone number is 952-835-7800.
4. When you initially take your materials to the bookstore, make arrangements to pick up remaining materials at the close of the book sales (making sure to find out the closing time), since all unclaimed materials will be donated to the local group. If you are not attending the conference, you will need to make arrangements for a friend to be responsible for your materials since the local group will not be sending back any materials.
5. Please note that 20% of the proceeds will be donated to NASAP for providing this service.
6. Please note that you may be asked to claim merchandise for sale on your customs forms when crossing borders and when sending

merchandise.

7. Mark each individual book, tape, etc. with the selling price.
8. Enclose a packing list enumerating each title, number of each and price.
9. Because storage at the conference site is very limited, make arrangements with a shipper to have your materials arrive no sooner than 5 days prior to the conference. Again, note that you will be charged a holding fee per day that your materials arrive before you do.
10. Address packages as follow:

DOUBLETREE BY HILTON BLOOMINGTON - MINNEAPOLIS SOUTH
800 Normandale Boulevard | Bloomington, MN 55439 USA
Attention: Guest for the NASAP May 12-15 Conference
(and then include your name).

11. If you have any questions, please don't hesitate to contact Becky LaFountain, Conference Planner at rmlafo@comcast.net.

CONFERENCE COMMITTEE

The theme for this spring's NASAP Conference, "Born to connect," has proven to be a fitting one for a gathering meant to bring people associated with an extraordinary organization together and channel their energy in pro-social directions, leaving them feeling connected and with a distinctive sense of belonging. Indeed, we were all born to connect and, by coming to NASAP 2016, will all, no doubt, experience a uniquely Adlerian sense of Gemeinschaftsgefühl, the concept that lies at the heart of Alfred Adler's Individual Psychology. Your NASAP 2016 Planning Team has been working hard to make sure that everything we are doing supports the "Born to connect," theme. We are confident that attendees will also see this cohesiveness and that scheduled workshops and other presentations will complement the theme that has been chosen. Be on the lookout for more information when you receive your NASAP 2016 conference booklet.

There are a number of conference features that attendees can look forward to. One exciting first for this year's conference is a book signing opportunity associated with our bookstore. An area will be set aside in the bookstore for Adlerian authors to sign their books, so that persons who might choose to purchase such a book can take an autographed copy home with them. Another exciting feature of this year's venue is increased space for networking. The DoubleTree Hotel offers plenty of gathering space to mingle with friends and colleagues, and we will make ample use of this space. Another feature, in a commons area surrounded by well-organized, accessible workshop and presentation space, will be a canteen where one can conveniently purchase a breakfast item and coffee or just a simple snack during the course of the day. There will even be an interactive, community art project – that will ultimately be donated to a local non-profit organization – as well as morning yoga sessions to get your day off to

focused and healthy start.

As the conference progresses, the Adler Graduate School will host a Friday evening reception, on AGS's campus approximately three miles from the DoubleTree and very close to the Mall of America. This reception will offer an opportunity to visit and tour the Adler Graduate School where our reception will include an introduction to Café Central and the Harold H. Mosak Adlerian Mastery Lab – AGS's two new research centers – as well as light refreshments, live music and perhaps even a uniquely Adlerian singalong.

And there are other components of NASAP 2016 that attendees will consider compelling. To underscore the importance of our “Born to Connect,” theme, a Social Work track will be integrated into conference activities; this is fitting for a state that includes so many licensed Social Workers. Also fitting will be the presence of one of Minnesota's most dynamic leaders, as it concerns his ongoing display of Social Interest. More specifically, the speaker at this year's Saturday Luncheon will be Paul David Wellstone Jr. – fondly known to everyone as Dave. Dave has been an invaluable champion for access to mental health and chemical health services, and was instrumental in helping House and Senate sponsors of his father's legislation – popularly known as the Wellstone Act – to achieve passage in late 2008. Dave Wellstone will accept NASAP's Social Interest Award, given occasionally at the discretion of the local host of NASAP's annual gathering.

Dave Wellstone has attained many accomplishments: co-chair of Wellstone Action Board; a social entrepreneur; author of *Becoming Wellstone*; Founder of Let's Start Talking, an organization to initiate dialogue to reduce the stigma of mental health issues; co-creator of Refuge of Love, an intergenerational sanctuary to provide housing, mental health counseling, job training and employment for single women with children and mentoring elders; co-founder of Costa Rica Naturales, a healthy food company dedicated to social good and fair trade; and, once again, a key advocate in the passage of the Paul Wellstone and Pete Domenici Mental Health and Addiction Equity Act. At our Saturday Luncheon, Dave will talk about his experience with a variety of organizations as it pertains to mental health and human dignity in the policy arena. He will also discuss what we still need to do and how we can put policy and ideas into practice to serve people through grassroots and/or institutional programs, as well as through advocacy for social change. The title for his presentation is “Mental Health in Policy and Practice.”

We hope you will join us at NASAP 2016 here in the Twin Cities. There is a lot going on now in Minnesota and activities will only intensify. Please be sure to share in the excitement of this event and the opportunities for involvement that will almost certainly follow NASAP 2016. Connect or re-connect, as the case may be, with your Adlerian friends and colleagues and experience the richness of NASAP's

annual conference. We are, indeed, “Born to connect.”.

Heidi Johnson, Honorary Chairperson, NASAP 2016 Planning Team

AGS RESEARCH CENTER IS NOW OPEN TO THE PUBLIC

The Adler Graduate School announces that its Research Center is now open to the public. Anyone can browse the collections (Harold H. Mosak Adlerian Mastery Lab is fully catalogued and Cafe Central is coming soon) and use them in conducting research, informing clinical practice, or just to enjoy that magical moment of being surrounded by good old and wonderful new books.

To learn more about our collections, read access and use policies, and to browse finding aids, please go to <http://alfredadler.edu/research-centers>

WELLNESS FOR LIFE: A.K.A. THE BATHROOM



At this moment, some of you are somewhere in the realm of the proverbial ‘double take’. Your response could be classified as a ‘knee jerk’ reaction to the column title.

It can be attributed to sheer curiosity or checking if your eyes relayed correctly to the mind what it viewed.

What ever the prompt, you now find yourself engaged in reading this. At this point, you may be asking yourself, what prompted the focus on this particular subject?

Well, I’ll tell you. It began one day while chatting with school office staff. For those of you unfamiliar with working at a school, the topics of conversation resemble a quote from the movie “Toy Story” → ‘to infinity and beyond’. They just seem to pop up.

Keeping that in mind, have you ever truly looked at your bathroom? One might say it is one of the most unique and multi-functioned rooms of a home. First thoughts seem to center around hygiene. True, one might say that the main function of the bathroom is devoted to personal hygiene. However, over time, it has become much more.

For parents, for example, it can be a place of sanctuary → free from the children. A place where you can catch your breath, read a book/newspaper, escape from stresses of the day or the children/significant other. It can also be viewed as a place to get your ‘Zen’ on. It is the ‘one’ place of solitude within the home.

Yet for some, it has become much more. It has become a place where thoughts seem to magically fall into place or be one of inspiration. Let me explain. Have you ever found yourself trying to remember a word or a name that was testing your limits? Then magically, while in the bathroom bathing/showering, 'the force' was with you. Eureka! It came to the forefront of your mind.

How about items that needed to be on a list that you couldn't think of earlier or the solution to a concern at work or even tomorrow's schedule? Perhaps you were the victim of 'guacamole brain', attempting to remember the name of an old friend or relative. Up until now, your mind had been fuzzy, clogged or brain dead. Then, there you are in the bathroom, and it became as clear as day!

For others, the bathroom has become a place of inspiration, of ideas flowing naturally for that concept you want to pitch to the boss or paper you are writing for school. Maybe it allows your 'sneaky side' to surface, detailing a surprise trip, party or special time for your significant other. The list goes on!

So you see, the bathroom is no longer associated solely with hygiene. It can be an uncanny, unexplainable, unusual place.

On a lighter note, let's take a peek into some noteworthy days of January and February.

Before I begin, I started debating which of the two following days to include. Knowing some of you, it would be best to include both. As this unfolds, you will see why I did.

Let's take a look-see at "Measure Your Feet Day" noted to be observed on January 23rd. Just like the title states, it's a day to measure your feet → both of them. It consists of measuring the length and then the width. To make life a bit more interesting, you can measure someone else's feet. This would be a personal choice. You can't help yourself at this point to stop and ask, "what... is this for real?" It is for real. If at this point you find yourself asking, "how come or why", it's time to move on. No need to lose any brain cells pondering it.

As to its origin by creator or date, who knows. It just popped up and there it was. With opportunities like this one, meaning for me, time to take advantage of it. A bright side, or not, is that congress, in its infinite wisdom, did not proclaim it as a "National" day for the calendar. However, to each their own.

Another notable day for January 24th is "Compliment Day". Here you have an opportunity to say something positive and sincere about people in your life. It's been established that there is a compliment for everyone, no matter who. It's based on the fact that each of us, family, friends, etc., has attributes. Sometimes it can be difficult

finding the right words. Should you find yourself in that situation with a friend, you could say, "Wow, you're very intelligent...you choose your friends wisely". As to what is the recommended daily dose of giving compliments → five compliments to five different people. This is in accordance with the creator, Kathy Chamberlin, of Hopkinton, NH and Debby Hoffman, of Concord, NH in 1998.

Note: If by chance you are finding it a challenge, you may hear your mother's voice of wisdom saying, "If you don't have anything nice to say, don't say anything at all".

I'll end with the February day known as "No Brainer Day" celebrated on February 27th. In essence, it is a day devoted to doing things that are easy, straightforward, and/or totally rational - or not. In other words, if it involves thinking or analysis → this is not the day. Some may refer to it colloquially as 'vegging'. Before you know it, you will be an expert of this day!

The origin of this day is attributed to a wise person, by the name of Adrienne Sioux Koopersmith, - per Insight Magazine - Washington, DC - August 1995, and 'The Premier Eventologist in the History of the World' - per The Chicago Tribune - Chicago, IL - January 2001. She realized we all could use some 'self down time'.

Until next time, stay well and hydrated. Warm Fuzzies

COMMUNITY MEMBER IN NEED OF KITS

Dear NASAP Members:

We have a member who has suffered the theft of a kit key to her teachings. She is looking for the second kit by Don Dinkmeyer Sr. & Don Dinkmeyer Jr., "Developing Understanding of Self and Others (DUSO)". If you have access to this resource, please contact Lois at marecek2@comcast.net.

AFFILIATE LINKS

Mid Atlantic Adlerian Psychology Society (MAPS):

<https://www.mapsadler.org>

Puget Sound Adlerian Society:

<https://www.pasadler.org>.

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