

# South Carolina Society of Adlerian Psychology Newsletter

NOVEMBER, 2013

Frank Walton, Editor  
1313 St. Andrews Road  
Columbia, SC 29210  
[www.adleriansc.org](http://www.adleriansc.org)

## PRESIDENT'S LETTER

Dear Fellow Adlerians,

Greetings as we move into The Holiday Season! We had yet another fabulous Fall Conference (number 31). In a time when face-to-face training can be hard to come by, the South Carolina Adlerian Conference is a great value in terms of cost, quality workshops, and networking opportunity. A hardy "Thank you" is extended to all who helped to make it possible. Our keynote speaker, Dr. Peter Breggin, offered provocative food for thought by challenging the unquestioned conventional wisdom of "better therapy through chemistry." His presentation reminded me that so often our solutions become problems. Thanks to all who traveled to join us. Many states were represented and we were also quite multi-national. Perhaps our biggest challenge continues to be the seductive coastal setting. It's tough to get back in to a workshop after you've set foot on the beach! Our November meeting will focus on business as we debrief and review how the conference went. Also, keep your calendar open for notice of the Holiday Party in December. Good food, good folks and a good chance to claim a "special" holiday present. Join us!

John Arnold, Ph.D.

President, SC Society of Adlerian Psychology

## SCSAP BI-MONTHLY MEETING

Our meeting will be held November 12 at Columbia College. As President John Arnold noted, we will focus upon evaluation of our recent conference. Committee chairs are asked to provide an after action report with regard to their role in the conference. Members who would be willing to serve in leadership positions for the society are especially welcome to join us as we begin planning for 2014.

## ATTENDEES RESPONSES FOR THE FALL CONFERENCE WERE EXCELLENT

The evaluations and informal responses of conference attendees were positive in the extreme. Two evaluations were critical of psychiatrist, Peter Breggin's position calling for greatly reduced reliance upon diagnoses and drugs in therapy. Much more characteristic of the responses to Peter and other presenters was this message clearly intended for all who presented or in other ways contributed to the success of the conference. Since the writer does not know we are publishing her message, we will withhold her name: "I just want to thank you for another fabulous conference! Coming back to work this morning I felt revived and inspired! This year marked my fifth year of attendance at the conference (along with my fellow middle school counselor friend,) and I always learn so much! I am already looking forward to next year! With gratitude, \_\_\_\_\_" I want to add my own thanks to every presenter. You are the heart and soul of our conference, but it is only fitting to recognize our Executive Committee, our entertainers, our room monitors, and especially our registrar, Kathy Walton, and Betty Haeussler, who comes from Maryland each year to volunteer her services to manage our bookstore, along with her faithful assistant, Pete Haeussler. We all team up to offer something remarkably valuable to the community at large. FXW

## INTERNATIONAL ADLERIAN SUMMER SCHOOL (ICASSI)

It is fitting at this time of the year to mention the unique experience that is available by means of attending the International Adlerian Summer Institute. Many of you know that participants and instructors study, live, and socialize together for up to two weeks each summer in a different country. The institute will be held in historic Canterbury, England, July 20 – August 1, 2014. Participation in the institute takes some planning to set aside the time, the funds, and to obtain attractive airline travel. Many of you have

### DATES TO REMEMBER:

**WHAT:** SCSAP Bi-Monthly Meeting  
**WHEN:** Tuesday 12, 2013, 7:00 p.m.  
**WHERE:** Will Lou Gray Building, Columbia College, 1301 Columbia Coll. Dr. Columbia, SC 29203  
**WEB SITE:** [www.adleriansc.org](http://www.adleriansc.org)

**WHAT:** SCSAP Annual Christmas Party  
**WHEN:** Thursday, December 12, 2013 at 6:30 p.m.  
**WHERE:** Home of Diane and Joe Thompson, 316 Greengate Dr. Columbia, SC 29223

**WHAT:** Florida Conference of Adlerian Psychology  
**WHEN:** Feb. 27 – Mar. 1, 2014  
**WHERE:** Safety Harbor Resort Safety Harbor, FL  
**WEB SITE:** [www.information@adlerflorida.org](mailto:www.information@adlerflorida.org)

**WHAT:** North American Society of Adlerian Psychology Convention  
**WHEN:** May 22 – 25, 2014  
**WHERE:** Chicago, IL  
**WEB SITE:** [www.alfredadler.org](http://www.alfredadler.org)

**WHAT:** International Adlerian Summer Institute (ICASSI)  
**WHEN:** July 20 – Aug. 1, 2014  
**WHERE:** Canterbury, England  
**WEB SITE:** [www.ICASSI.net](http://www.ICASSI.net)

remarked about the caring and cooperative atmosphere of our South Carolina conference. Please imagine spending two weeks in England in a similar atmosphere with instructional leaders and classmates from around the globe. You may access the ICASSI website at [www.icassi.net](http://www.icassi.net). A few full scholarships and a larger number of tuition scholarships are available.

## **IN MEMORY OF DYNAMO DAN ECKSTEIN**

It is with a variety of emotions that I write a few lines in memory and as a tribute to my dear friend and a great contributor to Adlerian psychology, Dr. Daniel Eckstein. Dan died after a tragic fall in August of this year. He and I were scheduled to present a workshop together at the SCSAP conference as we have done so often around North America, including at the recent NASAP conference in San Diego. As always, it was a pleasure to work and socialize with Dan, but it was especially so in San Diego in June. Dan was enthusiastic about having accepted a position as a supervisor of therapists in San Diego and was looking forward to living in a geographic area he enjoyed. He had leased an attractive apartment on the coast just weeks before he died.

Dan was a prolific writer, probably a genius in some areas, and a deeply loving and good humored man. He often introduced me as his mentor, as in fact I was during the years he was earning his doctorate at the University of South Carolina, but in many ways he was one of my mentors too. As a graduate assistant he joined me to organize and even teach in the early days of the SC Adlerian Summer Institute which was held in the late 60s and early 70s both in Columbia and at Coastal Carolina.

Dan contributed so very much through his teaching and writing, his service to the North American Society of Adlerian Psychology, and to the spread of Adlerian psychology in many places. He could be passionate about spreading the Individual Psychology of Alfred Adler.

A scholarship fund to help students attend our annual conference will be set up in Dan's name. The initial contribution to this fund actually comes from the sale of numbers of Dan's books which were contributed to SCSAP by Dan's siblings. We will miss you, Dan.